

Summary:

- **Shiatsu School of Vermont:**
  - 500 hrs = \$8,000
  - 160 hrs = \$2,800
  - Shiatsu 500 hrs = \$8,000
- **Green Mountain Massage School:**
  - 600 hrs = \$6,000
- **Green Mountain Institute for Integrative Therapy:**
  - 520 hrs = \$9,500
  - 250 hrs = \$4,500
- **Wellness Massage Center & Institute:**
  - 500 hrs = \$5,500
- **O'Brien's Aveda Institute:**
  - 1200 hrs = \$11,510
  - 650 hrs = \$5,970

School	Program	Tuition	Curriculum	Schedule	VSAC	Contact Info
Shiatsu School of Vermont	500 Hour Shiatsu Practitioner Program	\$8,000	<ul style="list-style-type: none"> <li>• Zen Shiatsu - 140 hours</li> <li>• Thai Bodywork - 20 hours</li> <li>• Chinese Medical Theory - 100 hours</li> <li>• Western Anatomy and Physiology - 100 hours online</li> <li>• Kinesiology - 25 hours</li> <li>• Safe Practice Pathology for Bodyworkers - 32 hours</li> <li>• Observed Clinical Practice - 72 hours</li> <li>• Ethics, Legal Issues, Business and Marketing - 10 hours</li> </ul>		Yes	(802) 246-0877 shiatsuvt@gmail.com 24 High St, Brattleboro, VT 05301 <a href="https://www.shiatsuvt.org/shiatsu-certification.html">https://www.shiatsuvt.org/shiatsu-certification.html</a>
	160 Hour Shiatsu Associate Program	\$2,800	<ul style="list-style-type: none"> <li>• <b>Zen Shiatsu - 93 hours</b></li> <li>• <b>Thai Bodywork - 10 hours</b></li> <li>• <b>Chinese Medical Theory - 50 hours</b></li> <li>• <b>Ethics, Legal Issues, Business</b></li> </ul>			

			<p><b>and Marketing -</b></p> <p>7 hours</p>			
	500 Hour Shiatsu Practitioner Program	\$8,000	<ul style="list-style-type: none"> <li>• <b>Zen Shiatsu -</b> 140 hours</li> <li>• <b>Thai Bodywork - 20 hours</b></li> <li>• <b>Chinese Medical Theory - 100 hours</b></li> <li>• <b>Western Anatomy and Physiology -</b> 100 hours online</li> <li>• <b>Kinesiology -</b> 25 hours</li> <li>• <b>Safe Practice Pathology for Bodyworkers -</b> 32 hours</li> <li>• <b>Observed Clinical Practice - 72 hours</b></li> <li>• <b>Ethics, Legal Issues, Business and Marketing -</b> 10 hours</li> </ul>	<p>Tues, Wed, Thur 10am - 5pm</p> <p>400 hours in the classroom + 100 hours online = 500 hours</p>		
<b>Green Mountain Massage School</b>	600 hour GMMS certificate program	\$6,000	<ul style="list-style-type: none"> <li>• Anatomy, Physiology, and Kinesiology</li> <li>• Aromatherapy Massage/Lymphatic Massage</li> <li>• Asian Bodywork</li> <li>• Business and Marketing</li> <li>• Deep Tissue Massage</li> <li>• Energy Bodywork</li> <li>• Ethics</li> </ul>	<p>36 in person days. 8:30 am-4:30pm, for a total of 272 in person hours. The remaining 328 hours will be taught in a distance</p>	Yes	<p>Moonlight Studios 1670 Cleveland Corners Rd Hyde Park, VT 05655 <a href="http://www.gmmschool.com/cms/">http://www.gmmschool.com/cms/</a> info@gmmschool.com</p>

			<ul style="list-style-type: none"> <li>• Hydrotherapy and Spa Modalities</li> <li>• Pathology</li> <li>• Reflexology</li> <li>• Self Care for the Bodyworker</li> <li>• Swedish and Therapeutic Massage</li> </ul>	learning format.		
<b>Green Mountain Institute for Integrative Therapy</b>	520 Hour Vermont Practitioner Foundation	\$9,500	<ul style="list-style-type: none"> <li>• Advanced Massage Techniques</li> <li>• Musculoskeletal Anatomy &amp; Physiology</li> <li>• Introduction to Heart-Centered Business</li> <li>• Fascial Lines and Palpation</li> <li>• Introduction to Acupressure &amp; Chinese Medicine</li> </ul>	All day	Yes	<a href="http://www.internationalbodywork.com/">http://www.internationalbodywork.com/</a> Email: info@internationalbodywork.com Grandview Farm, 368 Lamb Road, N. Bennington, VT 05257 1 802 442-3886
	250 Hour Vermont Advanced Practitioner	\$4,500	<ul style="list-style-type: none"> <li>• Money &amp; Clients</li> <li>• Finding Your Vision</li> <li>• Finding Your Path</li> <li>• Balance In Your Business</li> <li>• The Heart of Your Business</li> </ul>	6 weeks		
<b>Wellness Massage Center &amp; Institute</b>	500 hour curriculum	\$5,500	<ul style="list-style-type: none"> <li>• Swedish Massage Techniques</li> <li>• Anatomy &amp; Physiology I</li> <li>• Anatomy &amp; Physiology II</li> </ul>	Two schedules: Classes are either 1 year, or 10 months.	Yes	<a href="http://www.wellnessmassagevt.com/">http://www.wellnessmassagevt.com/</a> 164 N Main St # 2 St Albans, VT 05478 Phone: (802) 527-1601 Email: dawn@wellnessmassagevt.com

			<ul style="list-style-type: none"> <li>• Deep Tissue Myofascial Therapy</li> <li>• Shiatsu</li> <li>• Introduction to Reflexology</li> <li>• Prenatal Massage</li> <li>• Pathology</li> <li>• Onsite Massage</li> <li>• Clinical</li> <li>• Business Practices/ Ethics/ Marketing</li> </ul>			
<b>O'Brien's Aveda Institute</b>	Spa Therapy, 1200 clock hours (offered at OAI only)	\$11,510	<p>This course of study is a full 1200-clock hour spa therapy course.</p> <ul style="list-style-type: none"> <li>• Facials, practical work, &amp; related categories...280 hours</li> <li>• Microdermabrasion, chemical peels/exfoliation/mask therapy...70 hours</li> <li>• Electrical machines used in Esthetics.....30 hours</li> <li>• Eyebrow arching, hair removal, &amp; makeup techniques.....40 hours</li> <li>• Sanitary personal health/hygiene ... 40 hours</li> <li>• Sanitation, sterilization,</li> </ul>	3 days/week, 10 hours per day. 8:00 AM to 6:30 PM.	FAFS A and VSAC Available	<a href="http://www.obriensavedainstitute.org/">http://www.obriensavedainstitute.org/</a> South Burlington 1475 Shelburne Road So. Burlington, VT 05403 Williston 400 Cornerstone Drive Williston, VT 05495

			<p>hazardous substances, anatomy, laws, rules and regulations....</p> <p>120 hours</p> <ul style="list-style-type: none"> <li>• Massage/bodywork assessment, physiology, theory &amp; application.....</li> </ul> <p>150 hours</p> <ul style="list-style-type: none"> <li>• Pathology, Kinesiology, &amp; body systems..</li> </ul> <p>175 hours</p> <ul style="list-style-type: none"> <li>• Professional ethics, business, &amp; training ...</li> </ul> <p>20 hours</p> <ul style="list-style-type: none"> <li>• Practical work and related categories.....</li> </ul> <p>275 hours</p>			
	<p>Massage Therapy, 650 clock hours (currently not offered)</p>	\$5,970	<ul style="list-style-type: none"> <li>• A full 650-clock hour massage therapy course.</li> <li>• Anatomy, Physiology, Kinesiology.....</li> </ul> <p>150 hours</p> <ul style="list-style-type: none"> <li>• Pathology, Contraindications, special populations</li> </ul> <p>30 hours</p> <ul style="list-style-type: none"> <li>• Benefits, effects (psychological, energetic, physical)..</li> </ul> <p>20 hours</p>	<p>3 days/week, 10 hours per day.</p> <p>Hours are 8:00 AM to 6:30 PM.</p>		

			<ul style="list-style-type: none"> <li>• Client assessment, treatment planning...30 hours</li> <li>• History of massage/alternate techniques.30 hours</li> <li>• Ethics, boundaries, laws,regulation..... .....30 hours</li> <li>• Professional guidelines, business...25 hours</li> <li>• Practical massage, body mechanics, student clinic....285 hours</li> </ul>			
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